

Ingredients Per Serving

Myo-Inositol	2000 mg
D-Chiro-Inositol	50 mg
Folate (L-5-Methyltetrahydrofolate, Calcium Salt)	200 mcg

*Myo-inositol and D-Chiro-Inositol in the body's naturally occurring ratio of 40:1.

Benefits



HELPS MANAGE PCOS SYMPTOMS

Clinically proven to aid in the management of the hormonal and metabolic symptoms of PCOS.



SUPPORTS HORMONAL HEALTH

Blood glucose control, reproductive support, ovarian support, hormone support, improved IVF outcomes.



SUPPORTS REGULAR MENSTRUAL CYCLE

With healthier insulin sensitivity, it may help your body maintain healthy androgen, testosterone, and luteinizing hormone levels for a regular monthly cycle.



SUPPORTS OVARIAN HEALTH

Myo & D-Chiro Inositol are naturally occurring compounds found in plant foods which can support healthy ovulation, contribute to oocyte quality, and support overall reproductive and ovarian health.



SUPPORTS FERTILITY

Active folate (L-5-MTHF), is involved in supporting fertility, normal early fetal development, red blood cell formation, and the maintenance of good health.



VERSATILE DOSAGE FORMS

Convenient sachet for work and travel (30 or 60 sachet)
Cost saving powder in jar (129g or 387g Jar)



Ovofolic®

A Natural Solution

To support healthy hormone levels, menstrual cycles, and ovarian health.

